

SARAH MOODY

ENTREPRENEUR | CEO | SPEAKER

Need a speaker who will **CAPTIVATE**,
EDUCATE, and **INSPIRE** your group?

Sarah's dynamic presentations and interactive workshops are an artful combination of research, education, experience, and engaging application designed to inspire and transform.

With her signature blend of humor, candor, and compassion, she invites audiences to lean in as she breaks complex issues down into actionable strategies that empower your next steps.

A sought-after speaker and presenter, Sarah customizes her deliverables to meet the needs of your group. Topics can be delivered as Keynotes, or Workshops.



SIGNATURE TOPICS

✓ Lean In At Work And Lean Back In Love

Sarah is a high achiever who leaned in and built a successful technology company in San Francisco, but consistently had difficulty finding her soul mate with an edge. Her romantic life did a 180 in 2022 when she did the mindset work and learned how to lean back and be in her feminine, and voila...he appeared.

✓ Your ICONIC Life

After being a 7 figure tech entrepreneur for decades in San Francisco working with the C- Suite in Global 2000 companies, Sarah has the track record to help people achieve new levels of success professionally and personally and create their ICONIC life.

"Sarah's workshops were wildly successful. We learned how to build self confidence, tolerate failure, and dream big. We left feeling connected as a team, clear on our strengths and vision, and equipped with easy to use cognitive tools to take on the challenges ahead!"

JAMI KRUEGER

Head of Global Insights, Align Technology

"Sarah's workshops changed my teams approach to how they think at work and in their personal lives. My high achieving team which was often burntout now understands how thoughts create their reality. They are now equipped with a simple mindset tool so they don't have to burn themselves out anymore. They know how to be successful with ease."

DANIELLE RESTIVO

Head of Communications, EMEA Google Cloud

SARAH MOODY

MENTOR FOR ICONIC WOMEN



Sarah Moody is the world's most authentic expert on dating and love for high achieving ICONIC women

Sarah Moody is an entrepreneur, podcaster, author, and expert on helping high achieving women find their f*ck yeah soul mate in 90 days, and create an ICONIC life. Sarah brings unique perspectives from her experiences as a high achiever in tech for 23 years to women, and empowers them with strategies and tools in be ICONIC in love, their career, and life.

Sarah's commitment and determination to create an ICONIC life she was madly in love with inspired her to leave tech's hustle culture in 2001 to start her own business. She is trusted by the C- Suite at Google, Splunk, Westrock, Palo Alto Networks, VMware and other Global 2000 companies to help drive revenue. In 2020 she started mentoring high achieving women, and in 2024 she closed the door on the 7 figure tech part of her company to be "all in" on mentoring women who hate dating, but honestly want their soul mate with an edge.

GET IN TOUCH

If you have questions or want to learn more about bringing Sarah to your audience, please reach out and connect!

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